



Traditional Living

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Choice of Cereal or Hot Cereal Egg and Toast Bacon	Choice of Cereal or Hot Cereal Sausage Buscuit Gravy	Choice of Cereal or Hot Cereal Eggs Cinnamon Toast Sausage	Choice of Cereal or Hot Cereal Bacon Buscuit Gravy	Choice of Cereal or Hot Cereal Egg Toast Bacon	Choice of Cereal or Hot Cereal Buscuit Gravy Sausage	Choice of Cereal or Hot Cereal Egg Toast Bacon
Lunch	Sliced Baked Ham Scalloped Potatoes Cauliflower or Pintos Macaroni & Cheese Seasoned Greens	Honey Mustard Chicken Potato Salad Carrot Coins or Hot Dog Chili with Beans Baked Beans Coleslaw	Roast Pork Sweet Potato Stewed Tomatoes Cornbread or Sausage Patties Gravy Tomatoes	Beef Cubed Steak w A1 Cream Green Beans Sauteed Yellow Squash or Cheeseburger Tator tots Lettuce/Tomatoes Onion and Pickles	Roast Turkey with Gravy Cream Style Corn Green Beans or Corn Dog Nuggets Baked Beans Coleslaw	Chicken & Dumplings Parsley Potatoes Broccoli & Cheese or Ham & Cheese Sandwich Tomato/Lettuce Potato Chips	Roast Beef Potatoes and Carrots or Egg Salad Sandwich Vetetable Soup Macaroni Salad
Dinner	Sausage Sliced Tomatoes Gravy Buscuit or Stewed Beef Parsley Potatoes Creamed Corn	Cheeseburger on Bun Tator Tots Lettuce, Tomato, Onion and Pickle or Salisbury Steak Roasted Red Potatoes Brussel Sprouts	Corn Dog Nuggets Potato Wedges Calico Coleslaw or Baked Ham Scalloped Potatoes Cauliflower	Ham & Cheese Sandwich Lettuce/Tomato Potato Chips or Honey Mustard Chicken Potato Salad Seasoned Carrots	Egg Salad Sandwich Vetegable Soup Macaroni Salad or Roast Pork Baked Sweet Potato Stewed Tomato	Shredded Pork on a Bun Steak Fries Coleslaw or Cubed Steak Cream Green Peas Yellow Squash	Chicken Tenders Macaroni & Cheese Stewed Tomatoes or Turkey / Gravy Creamed Corn Green Beans
Snack	Fruit Punch Vanilla Wafers	Fruit Punch Graham Crackers	Fruit Punch Cookies	Fruit Punch Vanilla Wafers	Fruit Punch Graham Crackers	Fruit Punch Cookies	Fruit Punch Vanilla Wafers