



## Skilled Care

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Grits Scrambled Eggs Bacon Donut	Cold Cereal Scrambled Eggs Sausage Link Biscuit	Oatmeal Scrambled Eggs Sausage Patty Toast	Cream of Wheat Scrambled Eggs Bacon Toast	Cheese Grits Scrambled Eggs Livermush Toast	Hash Browns Scrambled Eggs Sausage Link Biscuit	Cold Cereal Scrambled Eggs Bacon Toast
Lunch	Pot Roast Mashed Potatoes Glazed Carrots Biscuit or Chicken Tenders Baked Potato California Blend Blueberry Pie	Meatloaf Au Gratin Potatoes Green Beans Yeast Roll or Chicken Salad Plate Cottage Cheese Peaches Fudge Brownies	Roast Pork Loin Mashed Potatoes Baby Carrots Yeast Roll or Grilled Hamburgers Tator Tots Cole Slaw Apple Crisp	Black Oak Ham Sweet Potatoes Pickled Beets Cornbread or Chicken Fillet SW Steak Fries Lettuce & Tomato Watermelon	Cube Steak/Gravy Mashed Potatoes Brussel Sprouts Yeast Roll or Ham & Cheese SW Macaroni Salad Lettuce & Tomato Butterscotch Pudding	Salt & Pepper Catfish Cream Corn French Green Beans Hush Puppies or Pork Chops Pintos Cabbage Fresh Fruit	Chicken Tenders Potato Wedges Cole Slaw Yeast Roll or Pepper Steak Mashed Potatoes Green Beans Blushing Pears
Dinner	Turkey & Bacon SW Chips Lettuce & Tomato or Flounder Baked Potatoes Slaw Hush Puppies Banana Pudding	Pinto's Collard Greens Fried Potatoes Cornbread or Chicken Fillet SW Baked Beans Cole Slaw Tropical Fruit	Baked Chicken Potato Salad Broccoli Yeast Roll or Salisbury Steak Mashed Potatoes Green Peas Cantelope	Spaghetti & Meatballs Garden Salad Garlic Bread or Wieners & Kraut Green Peas Mashed Potatoes Chocolate Pie	Roast Turkey Corn Bread Stuffing Mixed Veggies Biscuit or Baked Chicken California Blend Potato Salad Cookies	Country Style Steak Seasoned Rice Fried Okra Cornbread or Chicken Livers Mashed Potatoes Mixed Veggies Cherry Cobbler	Northern Beans Mac & Cheese Turnip Greens Cornbread or Hamburger/Bun Potato Wedges Cole Slaw Banana Pudding